

**Welcome to the Pense Skate Club:**

**We are excited to welcome back both of our Coaches from Last season Jeanna Irwin and Joey Powell.**

**First Blades CanSkate Program:** designed for skaters with no previous skating experience and are under 5 years of age. This program is a learn-through-playing program. Teaching aids and toys will be available to make the skater's first skating experience really fun!

§ Starting October 26<sup>th</sup>

§ Wednesday evenings - 6:45pm – 7:15pm

§ Cost – \$90

· **CanSkate Program:** designed for skaters who can stand up on their own. This program will include skill development games, action songs, and skills circuits.... focusing on FUN!

§ Starting October 26<sup>th</sup>

§ Wednesday evenings - 6:45pm – 7:30pm

§ Cost – \$170

**StarSkate Program:** The StarSkate program develops fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. This program offers smaller class sizes and targeted skill development.

§ Starting October 26<sup>th</sup>

§ Wednesday evenings– 6:00pm to 6:45 pm

§ Cost – \$200

**PowerSkate Program:** is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations; including drills with hockey sticks and pucks. CanPowerSkate is geared to skaters who already have basic forward and backward skating skills.

§ See next page for dates and times

Wednesday October 12th

Level 1/2 5:00pm - 6:15pm

Level 3/4 6:15pm - 7:30pm

Saturday October 15th

Level 1/2 4:00pm - 5:15pm

Level 3/4 5:15pm - 6:30 pm

Sunday October 16th

Level 1/2 12:00pm - 1:15pm

Level 3/4 1:15pm - 2:30pm

Tuesday October 18th

Level 1/2 5:45pm - 6:30pm

Level 3/4 6:30pm - 7:15pm

Wednesday October 19th

Level 1/2 5:00pm - 6:15pm

Level 3/4 6:15pm - 7:30pm

Friday October 21st

Level 1/2 11:30am - 12:45pm

Level 3/4 12:45pm - 2:00pm

*(Prairie Valley School Division Students have this day off)*

§ Cost – \$90.00

***Pense Skate Club – Become a Board Member! For more information please contact:***

***Diane Klemp: 345-2241     .Alysha Lennox 345-2545***

***dianenorris@sasktel.net     alyshalennox@hotmail.com***

Registration Information:

Program Fees:		
First Blades CanSkate	\$90.00	
CanSkate	\$170.00	
StarSkate	\$200.00	
PowerSkating ( full fees are due at registration)	\$90.00	
Skate Canada Fee	\$32.00	
Total Cost		

**\*\* Remaining fees are due January 11, 2012 (amount owing will be invoiced)**

**Payment: Cheques and Money Orders are accepted and should be made payable to: Pense Skate Club. A \$25.00 service charge is applied to all NSF Cheques**

*Refund Policy: All lesson fees are non-refundable with the following exceptions:*

*Medical reason/ Skater wishes to formally withdraw from the program. Formal withdrawal consists of notifying the Club Administrators (Diane Klemp, Alysha Lennox) by submitting a written request for refund. Refunds request must be received within four weeks of the start date of lessons, for the Can Skate/ Star Skate programs. Power Skate- no refunds will be issued.*

*Clothing / Equipment: All skaters must wear helmets. Hockey helmets are preferred rather than cycling helmets. Dress in warm but not bulky clothing. (Layers are recommended). Mitts or gloves must be worn; Hockey or figure skates may be worn.*

**We are always looking for program assistants for First Blades/ CanSkate Program if your child is interested please contact us!**

2011-2012 Program Schedule: Pense Skate Club

Week:	Wednesday 6:00 pm to 7:30pm	Note:
#1	October 26	
#2	November 2	
#3	November 9	
#4	November 16	
#5	November 23	
#6	November 30	
#7	December 7	
#8	December 14	
	<b>Saturday December 17<sup>TH</sup> 3:15pm- 5:15pm</b>	<b>* Skate with Santa – details to follow open to public</b>
#9	December 21	
	December 28	<b>No Skating today Christmas holidays</b>
#10	January 4	
#11	January 11	
#12	January 18	
#13	January 25	
#14	February 1	
#15	February 8	
#16	February 15	
	<b>Monday February 20<sup>th</sup> ( time TBA)</b>	<b>THE GREAT FAMILY SKATE</b>
#17	February 22	<b>During family week break, WE HAVE SKATING TODAY!</b>
#18	February 29	
	<b>Sunday March 4 – Ice Carnival 11am to 1pm (Tentative time)</b>	<b>* This will be a full ice carnival; volunteers will be needed!</b>

**Pense Can-Skate Registration Form - Skaters Information:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
 Phone#: \_\_\_\_\_ Business/Cell #: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Write you child's name by the Program you wish to register them for:			Skating Experience: <b><u>For new members;</u></b> Please circle the appropriate skill level: <ul style="list-style-type: none"> <li>• Skater can stand alone</li> <li>• Skater can skate forward</li> <li>• Skater can skate backward</li> <li>• Skater can stop unassisted</li> <li>• Skater can get up &amp; stand unassisted</li> </ul>
<input type="checkbox"/>	<b>First Blades Program</b>		
<input type="checkbox"/>	<b>CanSkate Program</b>		
<input type="checkbox"/>	<b>Power Skating Program</b>		
<input type="checkbox"/>	<b>StarSkate Program</b>		
Name on Cheque		Cheque #/ \$ amount	Date pd
Amount owing for 2 <sup>nd</sup> half		Cheque #/ \$ amount	Date pd

Does the skater have any medical conditions that the coach should be aware of: \_\_\_\_\_

Waiver: Pense Skate Club shall not be responsible for any damage, injury, or loss of property to any members of the CLUB or guests to the premises, regardless of the reason or nature of such damage, loss or injury and further every member or guest shall use the Club premises at his or her own risk. \*On ice insurance provided by Skate Canada is only valid if a registered coach is on the ice with your child.

Parent Signature X \_\_\_\_\_ Date \_\_\_\_\_